

## 2 STRIKE PARK

5107 Rosemont Ave., LaCrescenta, California 91214



## Kung Fu Kids



WEDNESDAYS 4:00<sub>PM</sub>

12 STEP TANTUI OF BRUCE LEE

AUTHENTIC CHINESE SHAOLIN KUNG FU

Kung Fu Kids 6 to 16

\$50 per month

ROCK HORSE
PUSH HANDS
SELF-DEFENSE

SELF-CONFIDENCE

## Tai Chi for Beginners

Adult Tai Chi 16 to 60

WEDNESDAYS 5:00PM

\$50 per month

Relieve stress and lose weight.

## **Buddha Zhen Shen-Lang:**

founder: Shaolin Chi Mantis 1992 founder: Tai Chi Youth 1996 founder: Buddha Kung Fu 2008 818 **330-9551** 





Pursuant to the Americans with Disibilities Act (ADA), the County of Los Angeles Department of Parks and Recreation, has designated an ADA coordinator to carry out this department's compliance with the non-discriminatory provisions of the ADA. For more information contact the ADA Coordinator's office at TEL 213-738-2970 TDY 213-427-6118 FAX 213-487-0380; upon 3-day request notice, sign language interpreters and related materials in alternative formats (Braille-transcript, large print, audio record, video captioning, live description) or any other reasonable accommodations are available to the public for County-sponsored activities and events.