

Los Angeles County Department of Parks and Recreation
North County Community Services Agency



CRESCENTA VALLEY PARK

3901 Dunsmore Ave., LaCrescenta, California 91214



Self-Defense Tai Chi

Yang Style Tai Chi
\$50 per month
Ages 6 to 66

SATURDAY & SUNDAY
12:30^{PM}

Call Buddha Zhen "Jen"
818 723-2769

QIGONG
PUSH HANDS

KUNG FU BOOTCAMP

Shaolin Kung Fu
\$50 per month

WEDNESDAYS 7:00^{PM}

One day per week to learn Kung Fu.™

CoSponsored by:
Buddha Zhen and
Buddha Kung Fu



www.BuddhaKungFu.com

Pursuant to the Americans with Disabilities Act (ADA), the County of Los Angeles Department of Parks and Recreation, has designated an ADA coordinator to carry out this department's compliance with the non-discriminatory provisions of the ADA. For more information contact the ADA Coordinator's office at TEL 213-738-2970 TDY 213-427-6118 FAX 213-487-0380; upon 3-day request notice, sign language interpreters and related materials in alternative formats (Braille-transcript, large print, audio record, video captioning, live description) or any other reasonable accommodations are available to the public for County-sponsored activities and events.

Creating Community Through People, Parks and Programs. CV Park: 818 249-5940