

Richard Del CONNOR

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TCY Program Director - CORPORATE SEMINARS

Summary

- **Kung Fu master** since 1984, learning about people through training them.
- 1992: Developed **7-year curriculum for Shaolin Chi Mantis** Traditional Buddhist Gongfu.
- 1996: Developed **3-year curriculum for Tai Chi Youth**.
- 2008: Developed **5-year curriculum for Buddha Kung Fu**.
- 2009: Developed **3-year FRANCHISE curriculum for 12 Step Kung Fu Bootcamp** so that students can easily launch Kung Fu schools worldwide.
- Insightful **life coach** who develops permanent cures to lifestyle problems.
- **Buddhist scientist** since 1980, studying and directing people to better lives.
- As **Kung Fu LIFE COACH**, Richard has trained blind persons, chemotherapy rehabilitation, cured obesity, cured sleeping disorders, eliminated need for prescription drugs, and strengthened family relationships of his students since 1987.

Objective

Develop positive lifestyles of good health and good thinking with Tai Chi Youth programs.

- Weekly seminars include the Tai Chi form which students practice daily independently.
- Tai Chi Youth programs have been proven successful with all ages in over 20 schools.

Improve productivity and stamina of employees with Yoga and aerobics.

- Tai Chi Youth Yoga, punching and kicking exercises provide challenging workout.
- Tai Chi is a FAST MOVING martial art that exercises the entire body.

Reduce illness and injuries with Tai Chi lifestyle.

- Tai Chi practitioners always have better health awareness and attitudes.
- Lifestyle with exercise promotes better eating habits and better sleeping.

Increase teamwork and supportive work environment as Tai Chi students help each other.

- TCY Tai Chi Programs include mentoring and students-helping-students.
- Monthly performance testing is judged by fellow students.

Develop leadership skills of all employees and management.

- Tai Chi Youth teaches all our students of all ages to become leaders.
- Tai Chi Youth classes also develop each student's cooperation abilities.

Education

2007-2010	Buddha Kung Fu	Shaolin Kung Fu / Tai Chi	Shifu Certificate
2006-2009	Freemasons of California	Panamericana 513	Master Mason
1996-2001	Tai Chi Youth	Shaolin Kung Fu / Tai Chi	Shifu Certificate
1992-1996	Shaolin Chi Mantis	Shaolin Kung Fu / Tai Chi	Shifu Certificate
1984-1987	UCLA	Motion Picture Program	Certificate 3.6gpa
1981-1984	Tai Mantis Federation	Shaolin Kung Fu / Tai Chi	Shifu Certificate
1973-1977	United Brotherhood of Carpenters	Apprenticeship	Journeyman Certificate
1972-1973	RIAA Recoding Engineer Program		Certificate
1971-1972	MUN Memorial University of St. John's	Newfoundland	
1970-1971	Prince of Wales Collegiate	Canada High School	Certificate
1967-1970	Harvey Lewis Jr. High	San Diego, Calif.	Certificate
1960-1967	John G. Marvin Elem.	San Diego, Calif.	Certificate

Experience

2011	Masonic Kung Fu - Book 1 by Richard Del Connor.
2011	Human Values for Success in Business and Family by RDC.
2009-2010	Secretary of Tai Chi Youth nonprofit corporation.
2009	Founder-Creator of the 12 Step 12 Week Kung Fu Bootcamp.
2008	Buddha Kung Fu Student Manual by Buddha Zhen.
2008	Founder of Buddha Kung Fu schools.
2007-2011	Chief Instructor of Buddha Kung Fu.
1997	Shaolin Kung Fu Beginner by Buddha Zhen.
1996-2011	Chief Instructor of Tai Chi Youth.
1996-2011	President of Tai Chi Youth nonprofit corporation.
1996-1999	Chair of Tai Chi Youth Tournament Committee.
1996-2011	TCY Patriarch of Tai Chi Youth nonprofit corporation.

- 1996-2009 **Program Director** of Tai Chi Youth nonprofit corporation.
- 1996 **Tai Chi Youth Instructor Guide #1** by Buddha Zhen.
- 1996 **Founder** of Tai Chi Youth nonprofit education organization
- 1994-2010 **Sponsor-Promoter** of "Summer Push Hands" tournaments.
- 1994-2010 **Sponsor-Promoter** of "Push Hands Championship" tournaments.
- 1994-2010 **Sponsor-Promoter** of "SCM-TCY Annual Gongfu Taijiquan" tournaments.
- 1993 **Shaolin Chi Mantis 7-Year Curriculum**s by Buddha Zhen.
- 1992-2011 **Seminars and workshops** in tournaments, schools, and online.
- 1992 **Founder** of Shaolin Chi Mantis Traditional Buddhist Gongfu school.
- 1984-2006 **Chief Instructor** of Shaolin Chi Mantis Kung Fu schools.
- 1992 **Tai Chi Beginner** book by Buddha Zhen.

Publications / Product Releases

- **TaiChiMagic.com** album website of Buddha Zhen album
- **Zen Buddhist Podcast of Shaolin Zen** Hosted by Buddha Zhen podcast
- **TCY_eNEWS** Newsletter of Tai Chi Youth email

AFFILIATIONS

- Jing Mo Kung Fu Association
- SMPTE Society of Motion Picture and Television Engineers
- Tai Mantis Federation
- UCLA Alumni Association
- United Brotherhood Carpenters and Joiners

Presentations and Seminars

- Buddha Zhen Kung Fu and Tai Chi master seminars, lectures, tv, radio shows
- Buddha Zhen Kung Fu musician flute and poetry performances
- Push Hands Championship Tournament 4th Saturday of September
- Push Hands Seminar 1st and 2nd Saturdays of June
- Push Hands Seminar 1st and 2nd Saturdays of September
- Push Hands Seminar 1st Saturday of November
- SCM Annual Gongfu & Taijiquan Tournament 3rd Saturday of November
- Push Hands Tournament 4th Saturday of June
- Tai Chi Seminar Combat Taiji 1st Saturday of August
- Tai Chi Seminar Staff Tai Chi 2nd Saturday of August
- Tai Chi Seminar Tournament Tai Chi 3rd Saturday of August
- Tai Chi Seminar Qigong Tai Chi 4th Saturday of August
- TCY Demo Team Tai Chi Youth performers Tai Chi and Kung Fu shows

Achievements

- 2010 Founder: **shaolinINTERACTIVE.com** online Tai Chi and Kung Fu school.
- 2009 Graduate: **3rd Degree Master Mason** Proficiency Test of California Freemasons.
- 2009 Creator: **12 Week 12 Step Kung Fu Bootcamp.**
- 2008 Founder: **Buddha Kung Fu** schools.
- 2001 Reputation: **Cured** heroin addiction, sleeping disorders, and drug dependency.
- 1999 Publisher: **ShaolinCommunications.com** websites.
- 1998 Mr Mom: **Homeschooled** daughter for several years, raised two children.
- 1997 Reputation: *"Best Tai Chi instructor in the world."*
- 1996 Founder: **Tai Chi Youth** nonprofit education organization 501(c)(3) charity.
- 1992 Founder: **Shaolin Chi Mantis** Traditional Buddhist Gongfu & Taijiquan schools.

Website Resumes and Information about TCY PROGRAM DIRECTOR: Richard Del Connor

Richard Del Connor **BUDDHIST SCIENTIST**
actZEN.com
RichardDelConnor.com/discography01RDC.html
RichardDelConnor.com/resumelistRDC.html

Richard Del Connor **PATRIARCH of TAI CHI YOUTH**
taichiYOUTH.org/corporate-TCY/TCYPatriarch/TCYPatriarch-01/TCYpatriarch1.html
taichiYOUTH.org/taichiPROGRAMS.html

Buddha Zhen Shen-Lang **FOUNDER of SHAOLIN CHI MANTIS**
shaolinchiMANTIS.com/Pages-M/8goals-SCM.html

shaolinchiMANTIS.com/Pages-M/bioMZ01-SCM.html

Buddha Zhen Shen-Lang **FOUNDER of BUDDHA KUNG FU**

buddhaKUNGFU.com/buddhazhen/index.html

buddhaKUNGFU.com/books/index.html

Buddha Zhen Shen-Lang **FOUNDER of SHAOLIN ZEN**

shaolinCOM.com/Buddha_Zhen/AboutBZ-S.html

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shaolinCOM.com/Buddha_Zhen/resumeBZ-S.html