



KUNG FU BOOTCAMP



12 Step

12 Week



818-723-2769

1 of the 12-Step Tantui of the Chinese Jing Mo Federation are taught each bootcamp class. Certificate awarded to each student for passing grade. Belt ranking through Buddha Kung Fu.

Learn to punch with your legs and improve your balance and endurance.

Challenge your mind, and develop your body, with Shaolin Kung Fu.

Classes are taught by Buddha Zhen, founder of Buddha Kung Fu.

WEDNESDAYS 7 TO 8PM in the CV Park Patio.

3901 Dunsmore and Honolulu Ave., La Crescenta, California 91214

\$120 for 12 weeks or \$20 per class.



www.BuddhaKungFu.com

Pursuant to the Americans with Disabilities Act (ADA), the County of Los Angeles Department of Parks and Recreation, has designated an ADA coordinator to carry out this department's compliance with the non-discriminatory provisions of the ADA. For more information contact the ADA Coordinator's office at TEL 213-738-2970 TDY 213-427-6118 FAX 213-487-0380; upon 3-day request notice, sign language interpreters and related materials in alternative formats (Braille-transcript, large print, audio record, video captioning, live description) or any other reasonable accommodations are available to the public for County-sponsored activities and events.



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