

Richard Del CONNOR**TCY Program Director - OBESITY CURE**

PO Box 631

Montrose, CA 91021

Phone: (818) 723-2769

Email: producer@shaolinRECORDS.com

Summary

- **Kung Fu master** since 1984, learning about people through training them.
- 1992: Developed **7-year curriculum for Shaolin Chi Mantis** Traditional Buddhist Gongfu.
- 1996: Developed **3-year curriculum for Tai Chi Youth**.
- 2008: Developed **5-year curriculum for Buddha Kung Fu**.
- 2009: Developed **3-year FRANCHISE curriculum for 12 Step Kung Fu Bootcamp** so that students can easily launch Kung Fu schools worldwide.
- **Insightful life coach** who develops permanent cures to lifestyle problems.
- **Buddhist scientist** since 1980, studying and directing people to better lives.
- As **Kung Fu LIFE COACH**, Richard has trained blind persons, chemotherapy rehabilitation, cured obesity, cured sleeping disorders, eliminated need for prescription drugs, and strengthened family relationships of his students since 1987.

Objective

- Develop positive lifestyles of good health and good thinking with Tai Chi Youth programs.**
 - Weekly seminars include the Tai Chi form which students practice daily independently.
 - Tai Chi Youth programs have been proven successful with all ages in over 20 schools.
- Improve productivity and stamina of employees with Yoga and aerobics.**
 - Tai Chi Youth Yoga, punching and kicking exercises provide challenging workout.
 - Tai Chi is a FAST MOVING martial art that exercises the entire body.
- Reduce illness and injuries with Tai Chi lifestyle.**
 - Tai Chi practitioners always have better health awareness and attitudes.
 - Lifestyle with exercise promotes better eating habits and better sleeping.
- Increase teamwork and supportive work environment as Tai Chi students help each other.**
 - TCY Tai Chi Programs include mentoring and students-helping-students.
 - Monthly performance testing is judged by fellow students.
- Develop leadership skills of all employees and management.**
 - Tai Chi Youth teaches all our students of all ages to become leaders.
 - Tai Chi Youth classes also develop each student's cooperation abilities.

Education

2007-2010	Buddha Kung Fu	Shaolin Kung Fu / Tai Chi	Shifu Certificate
2006-2009	Freemasons of California	Panamericana 513	Master Mason
1996-2001	Tai Chi Youth	Shaolin Kung Fu / Tai Chi	Shifu Certificate
1992-1996	Shaolin Chi Mantis	Shaolin Kung Fu / Tai Chi	Shifu Certificate
1984-1987	UCLA	Motion Picture Program	Certificate 3.6gpa
1981-1984	Tai Mantis Federation	Shaolin Kung Fu / Tai Chi	Shifu Certificate
1973-1977	United Brotherhood of Carpenters	Apprenticeship	Journeyman Certificate
1972-1973	RIAA Recoding Engineer Program		Certificate
1971-1972	MUN Memorial University of St. John's	Newfoundland	
1970-1971	Prince of Wales Collegiate	Canada High School	Certificate
1967-1970	Harvey Lewis Jr. High	San Diego, Calif.	Certificate
1960-1967	John G. Marvin Elem.	San Diego, Calif.	Certificate

Experience

2011	Masonic Kung Fu - Book 1 by Richard Del Connor.
2011	Human Values for Success in Business and Family by RDC.
2009-2010	Secretary of Tai Chi Youth nonprofit corporation.
2009	Founder-Creator of the 12 Step 12 Week Kung Fu Bootcamp.
2008	Buddha Kung Fu Student Manual by Buddha Zhen.
2008	Founder of Buddha Kung Fu schools.
2007-2011	Chief Instructor of Buddha Kung Fu.
1997	Shaolin Kung Fu Beginner by Buddha Zhen.
1996-2011	Chief Instructor of Tai Chi Youth.
1996-2011	President of Tai Chi Youth nonprofit corporation.
1996-1999	Chair of Tai Chi Youth Tournament Committee.
1996-2011	TCY Patriarch of Tai Chi Youth nonprofit corporation.
1996-2009	Program Director of Tai Chi Youth nonprofit corporation.
1996	Tai Chi Youth Instructor Guide #1 by Buddha Zhen.
1996	Founder of Tai Chi Youth nonprofit education organization
1994-2010	Sponsor-Promoter of "Summer Push Hands" tournaments.
1994-2010	Sponsor-Promoter of "Push Hands Championship" tournaments.
1994-2010	Sponsor-Promoter of "SCM-TCY Annual Gongfu Taijiquan" tournaments.

1993 **Shaolin Chi Mantis 7-Year Curriculum**s by Buddha Zhen.
 1992-2011 **Seminars and workshops** in tournaments, schools, and online.
 1992 **Founder** of Shaolin Chi Mantis Traditional Buddhist Gongfu school.
 1984-2006 **Chief Instructor** of Shaolin Chi Mantis Kung Fu schools.
 1992 **Tai Chi Beginner** book by Buddha Zhen.

Publications / Product Releases

- **TaiChiMagic.com** album website of Buddha Zhen album
- **Zen Buddhist Podcast of Shaolin Zen** Hosted by Buddha Zhen podcast
- **TCY_eNEWS**

AFFILIATIONS

- Jing Mo Kung Fu Association
- SMPTE Society of Motion Picture and Television Engineers
- Tai Mantis Federation
- UCLA Alumni Association
- United Brotherhood Carpenters and Joiners

Presentations and Seminars

- Buddha Zhen Kung Fu and Tai Chi master seminars, lectures, tv, radio shows
- Buddha Zhen Kung Fu musician flute and poetry performances
- Push Hands Championship Tournament 4th Saturday of September
- Push Hands Seminar 1st and 2nd Saturdays of June
- Push Hands Seminar 1st and 2nd Saturdays of September
- Push Hands Seminar 1st Saturday of November
- SCM Annual Gongfu & Taijiquan Tournament 3rd Saturday of November
- Push Hands Tournament 4th Saturday of June
- Tai Chi Seminar Combat Taiji 1st Saturday of August
- Tai Chi Seminar Staff Tai Chi 2nd Saturday of August
- Tai Chi Seminar Tournament Tai Chi 3rd Saturday of August
- Tai Chi Seminar Qigong Tai Chi 4th Saturday of August
- TCY Demo Team Tai Chi Youth performers Tai Chi and Kung Fu shows

Achievements

- 2010 Founder: **shaolinINTERACTIVE.com** online Tai Chi and Kung Fu school.
- 2009 Graduate: **3rd Degree Master Mason** Proficiency Test of California Freemasons.
- 2009 Creator: **12 Week 12 Step Kung Fu Bootcamp**.
- 2008 Founder: **Buddha Kung Fu** schools.
- 2001 Reputation: **Cured** heroin addiction, sleeping disorders, and drug dependency.
- 1999 Publisher: **ShaolinCommunications.com** websites.
- 1998 Mr Mom: **Homeschooled** daughter for several years, raised two children.
- 1997 Reputation: *"Best Tai Chi instructor in the world."*
- 1996 Founder: **Tai Chi Youth** nonprofit education organization 501(c)(3) charity.
- 1992 Founder: **Shaolin Chi Mantis** Traditional Buddhist Gongfu & Taijiquan schools.

Website Resumes and Information about TCY Program Director: Richard Del Connor

Richard Del Connor **PATRIARCH of TAI CHI YOUTH**
taichiYOUTH.org/corporate-TCY/TCYpatriarch1/TCYpatriarch1.html
taichiYOUTH.org/taichiPROGRAMS.html

Buddha Zhen Shen-Lang **FOUNDER of BUDDHA KUNG FU**
buddhaKUNGFU.com/buddhazhen/index.html
buddhaKUNGFU.com/books/index.html